

## HIGH SCHOOL DATES TO REMEMBER

<b>FIRST PRACTICE DATES--HIGH SCHOOL SPORTS</b>	
<b>DATE</b>	<b>SPORTS INVOLVED</b>
<b>Monday, July 30, 2018</b>	Competitive Dance, Boys' and Girls' Soccer, Competitive and Sideline Cheer
<b>Monday, August 06, 2018</b>	Girls' Tennis and Boys' Golf
<b>Thursday, August 09, 2018</b>	Cross Country, Football and Volleyball
<b>Monday, October 29, 2018</b>	Gymnastics
<b>Monday, November 12, 2018</b>	Wrestling
<b>Monday, November 26, 2018</b>	Girls' and Boys' Basketball
<b>Monday, January 28, 2019</b>	Pole Vault
<b>Monday, February 25, 2019</b>	Track and Field
<b>Monday, March 11, 2019</b>	Boys' Tennis
<b>Monday, March 25, 2019</b>	Girls' Golf

<b>HIGH SCHOOL PARENT/ATHLETE PRE-SEASON MEETINGS</b>			
<b>Thursday, July 26, 2018</b>	Comp. and Sideline Cheer, Comp. Dance, Girls' Tennis, Boys' and Girls' Soccer and Boys' Golf	HS PAC	<b>5:30PM **TIME CHANGE</b>
<b>Sunday, August 05, 2018</b>	Cross Country, Volleyball and Football	HS PAC	6:30PM
<b>Tuesday, October 09, 2018</b>	Gymnastics	HS Little Theater	7:30PM
<b>Monday, November 05, 2018</b>	Wrestling (Grades 6-12), Girls' and Boys' Basketball	HS PAC	6:30PM

## MIDDLE SCHOOL DATES TO REMEMBER

<b>FIRST PRACTICE DATES--MIDDLE SCHOOL SPORTS</b>	
<b>DATE</b>	<b>SPORTS INVOLVED</b>
<b>Thursday, August 23, 2018</b>	Cross Country, Football and Volleyball
<b>Thursday, November 15, 2018</b>	Girls' Basketball and Wrestling
<b>Monday, November 19, 2018</b>	Boys' Basketball
<b>Monday, March 25, 2019</b>	Track and Field

<b>MIDDLE SCHOOL PARENT/ATHLETE PRE-SEASON MEETINGS</b>			
<b>DATE</b>	<b>SPORTS INVOLVED</b>	<b>LOCATION</b>	<b>TIME</b>
<b>Sunday, August 12, 2018</b>	Cross Country (Grades 6-8), Volleyball and Football	NMS PAC	6:30PM
<b>Monday, November 12, 2018</b>	Girls' and Boys' Basketball	NMS PAC	6:30PM