

HIGH SCHOOL DATES TO REMEMBER

FIRST PRACTICE DATES--HIGH SCHOOL SPORTS	
DATE	SPORTS INVOLVED
Monday, July 30, 2018	Competitive Dance, Boys' and Girls' Soccer, Competitive and Sideline Cheer
Monday, August 06, 2018	Girls' Tennis and Boys' Golf
Thursday, August 09, 2018	Cross Country, Football and Volleyball
Monday, October 29, 2018	Gymnastics
Monday, November 12, 2018	Wrestling
Monday, November 26, 2018	Girls' and Boys' Basketball
Monday, January 28, 2019	Pole Vault
Monday, February 25, 2019	Track and Field
Monday, March 11, 2019	Boys' Tennis
Monday, March 25, 2019	Girls' Golf

HIGH SCHOOL PARENT/ATHLETE PRE-SEASON MEETINGS			
Thursday, July 26, 2018	Comp. and Sideline Cheer, Comp. Dance, Girls' Tennis, Boys' and Girls' Soccer and Boys' Golf	HS PAC	5:30PM **TIME CHANGE
Sunday, August 05, 2018	Cross Country, Volleyball and Football	HS PAC	6:30PM
Tuesday, October 09, 2018	Gymnastics	HS Little Theater	7:30PM
Monday, November 05, 2018	Wrestling (Grades 6-12), Girls' and Boys' Basketball	HS PAC	6:30PM

MIDDLE SCHOOL DATES TO REMEMBER

FIRST PRACTICE DATES--MIDDLE SCHOOL SPORTS	
DATE	SPORTS INVOLVED
Thursday, August 23, 2018	Cross Country, Football and Volleyball
Thursday, November 15, 2018	Girls' Basketball and Wrestling
Monday, November 19, 2018	Boys' Basketball
Monday, March 25, 2019	Track and Field

MIDDLE SCHOOL PARENT/ATHLETE PRE-SEASON MEETINGS			
DATE	SPORTS INVOLVED	LOCATION	TIME
Sunday, August 12, 2018	Cross Country (Grades 6-8), Volleyball and Football	NMS PAC	6:30PM
Tuesday, November 13, 2018	Girls' and Boys' Basketball	NMS PAC	6:30PM